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NEW BOOK RELEASE

Voices of Change: 2-Minute Inspirational Stories on Life's Lessons Learned By Kathy Lynn

New Orleans, LA – May 11, 2010...We are in the midst of a change revolution. Open a magazine, pick up the newspaper or turn on the TV and you'll find a story about change. Change is something that impacts us our entire life. Life is change. Changes that happen to us and changes we decide to make. It can be one of the most difficult things we ever do or one of the easiest.

Our generation is experiencing some of the biggest life changes the United States has ever known. Changes like 9-11, Katrina and the current economy just to name a few.

Kathy Lynn has been researching life changes through interviews with individuals the past eight years. Out of her interviews she has written *Voices of Change: 2-Minute Inspirational Stories on Life's Lessons Learned*. The people in the book share their biggest life change they have experienced. For example:

- Yvonne, a retired executive from Chicago reveals her lessons learned by meeting and marching with Dr. Martin Luther King;
- B.B., a New Orleans NOPD Homeless coordinator shares her learnings from having worked with Mother Teresa, the Dali Lama and entertainer Dr. John and how they helped her deal with the murder of her parents; and
- Jon, a world renowned Magician, who has written over 60 books, shares his learnings on how losing his job led him to his life's dream job.

Regardless of how it happened, the important thing is the lessons learned and the inspirational actions taken by the storytellers.

Voices of Change gives the reader tools to cope with these life changes. *Voices of Change* will:

- Inspire your readers with life-change stories from a diverse group of people from around the country
- Teach your readers valuable change lessons learned as a result of some of life's toughest challenges, including death, divorce, career upheaval, Hurricane Katrina and 9-11
- Motivate your readers to take positive steps toward the changes you seek in your own life
- Encourage your readers to live your life to the fullest each day

Kathy Lynn Honaker is an author, motivational speaker, life change expert and business consultant. She has served in leadership positions in the public and private sector for over 25 years. She contributed to the development of leaders and front-line employees when she ran a division of a Fortune 100 company based in the Chicago area.

Currently she lives in New Orleans where she writes, does business and community development consulting and is quickly becoming recognized internationally as one of the most effective and most requested motivational speakers around today.

Gatsby Publishing

Voices of Change: 2-Minute Inspirational Stories on Life's Lessons Learned

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